

The purpose of this document (Privacy Policy) is to inform Users about personal data, understood as any information that allows the identification of a natural person (Personal Data), collected by the website do-you-mind.com (Application).

The Data Controller, as identified below, may modify or simply update, in whole or in part, this policy by informing Users. The changes and updates will be binding as soon as they are published on the Application. The User is therefore invited to read the Privacy Policy each time they access the Application.

In the event of non-acceptance of the changes made to the Privacy Policy, the User is required to cease using this Application and may request the Data Controller to remove their Personal Data.

1. Personal Data collected by the Application

The Data Controller collects the following types of Personal Data:

A. Personal Data: when using our service, certain personal identification information may be requested that can be used to contact or identify you. Personal identification information may include, but is not limited to:

- First and last name
- Email address

B. Data and content automatically acquired during use of the Application:

Technical data: the computer systems and software procedures used to operate this Application may acquire, during their normal operation, some Personal Data whose transmission is implicit in the use of internet communication protocols. This information is not collected to be associated with identified Users, but by its very nature could, through processing and association with Data held by third parties, allow Users to be identified.

This category includes IP addresses or domain names used by Users connecting to the Application, URL addresses (Uniform Resource Identifier) of requested resources, the time of the request, the number of bytes transferred, and the URL from which the request came, the number of clicks and the page navigation path. This category includes IP addresses or domain names used by Users who connect to the Application, URL addresses (Uniform Resource Identifier) of the resources requested, the time of the request, the method used to submit the request to the server, the size of the file obtained, etc.

C. Personal data collected through cookies or similar technologies:

Cookies are not used to transmit personal information, nor are persistent cookies of any kind used, i.e. systems for tracking Users. Therefore, the Application does not acquire Users' Personal Data with these technologies.

The use of session cookies (which are not permanently stored on the User's computer and disappear when the browser is closed) is strictly limited to the transmission of session identifiers (consisting of random numbers generated by the server) necessary to enable the safe and efficient exploration of the Application.

The session cookies used in this Application avoid the use of other IT techniques that could potentially compromise the confidentiality of Users' browsing and do not allow the acquisition of Personal Data identifying the User.

2. Purpose

The Personal Data collected may be used for the performance of contractual and pre-contractual obligations and for legal obligations, as well as for the following purposes:

- To provide and maintain the Service, including monitoring the use of the Service.
- Managing requests: To assist and manage requests made by the User.

3. Processing methods

Personal Data is processed using IT and/or telematic tools, with organisational methods and logic strictly related to the purposes indicated. In some cases, subjects involved in the organisation (such as, for example, Mental Health Ambassadors, system administrators, etc.) or external subjects (such as IT companies, service providers, hosting providers, etc.) may also have access to Personal Data. Where necessary, these subjects may be appointed as Data Processors by the Data Controller and may access Users' Personal Data whenever necessary and will be contractually obliged to keep Personal Data confidential.

The updated list Data Controller can be requested by email at minds.over.myths@gmail.com.

4. Legal basis for processing

The processing of Personal Data relating to the User is based on the following legal grounds:

- The authorisation given by the User for one or more specific purposes;
- The processing is necessary for the performance of a contract with the User and/or the implementation of pre-contractual measures;
- processing is necessary to comply with a legal obligation to which the Data Controller is subject;
- processing is necessary for the performance of a task carried out in the public interest or in the exercise of official authority vested in the Data Controller;
- processing is necessary for the purposes of the legitimate interests pursued by the Data Controller or by a third party;
- processing is necessary for the purposes of the vital interests pursued by the Data Controller or by a third party;

In any case, it is always possible to ask the Data Controller to clarify the legal basis for each processing operation at minds.over.myths@gmail.com.

In certain circumstances, the association may be required to disclose the User's Personal Data if required by law or in response to valid requests from public authorities (e.g. a court or government agency).

5. Security measures

The Processing is carried out using methods and tools that guarantee the security and confidentiality of Personal Data, as the Data Controller has adopted appropriate technical

and organisational measures that guarantee and allow for the demonstration that the Processing is carried out in accordance with the relevant legislation.

6. Data retention period

Personal Data will be retained for the period of time necessary to fulfil the purposes for which it was collected.

In particular, Personal Data will be retained for the entire duration of the contractual relationship, for the performance of the obligations inherent and consequent to it, for compliance with applicable legal and regulatory obligations, as well as for defensive purposes of the Data Controller or third parties.

If the processing of Personal Data is based on the User's authorisation, the Data Controller may retain the Personal Data until consent is revoked.

Personal Data may be retained for a longer period if necessary to comply with a legal obligation or by order of an authority.

All Personal Data will be deleted or stored in a form that does not allow the identification of the User within 30 days of the end of the retention period. Upon expiry of this period, the right of access, deletion, rectification and the right to portability of Personal Data can no longer be exercised.

7. Automated decision-making processes

All Personal Data collected will not be subject to any automated decision-making process, including profiling, that could produce legal effects for the individual or significantly affect them.

8. User rights

Users may exercise certain rights with regard to the Personal Data processed by the Data Controller. In particular, the User has the right to:

- withdraw consent at any time;
- oppose to the processing of their Personal Data;
- access their Personal Data;
- verify and request rectification;
- obtain restriction of processing;
- obtain erasure of their Personal Data;
- receive their Personal Data or have it transferred to another controller;
- Lodge a complaint with the Personal Data Protection Supervisory Authority and/or take legal action.

To exercise their rights, Users may send a request to the contact details of the Data Controller indicated in this document. Requests are made free of charge and processed by the Data Controller as quickly as possible, in any case within 30 days.

9. Links to other websites

The Application may contain links to other websites. If the User clicks on a third-party link, they will be directed to the latter's website. The User is advised to review the privacy policy of each website visited.

The association has no control over and assumes no responsibility for the content, privacy policies or practices of third-party websites or services.

Last updated: 30/10/2025